

2022

# Annual Report

9200 Ward Parkway Suite 200 Kansas City, MO 64114







@KCShepherdsCenter
www.kcshepherdscenter.org

## Mission

Our mission is to empower, celebrate and serve older adults.

## Who We Are

KC Shepherd's Center is dedicated to serving older adults across the greater Kansas City area. Offered by seniors, for seniors, our peer-to-peer programs increase social activity, reduce food insecurity and provide peace of mind to help eliminate feelings of isolation and loneliness, identified by the US Surgeon General as a national health crisis.

## A Note From the Executive Director

In 2022, despite the challenges posed by the global pandemic and shifting funding priorities, KC Shepherd's Center (KCSC) achieved remarkable milestones. We served 3,500 older adults in Kansas City with more than 500 volunteers, collaborated with other initiatives for greater influence, and led advocacy efforts for policies that embed the voices of diverse older adults in policy, health, and well-being decisions.



KCSC serves a unique population, one where the experience of ageism and other "isms" intersect. KCSC initiated a data-driven quality improvement process to measure our impact on the health of older adults, especially low-income BIPOC and LGBTQ+ older adults who experience poverty and the resulting barriers to healthcare and support services at three times their counterparts.

KCSC's cost-effective model, featuring in-home visits and integrated programs, combated social isolation, improved safety, and delivered holistic care to help older adults age in place in their own homes and communities, all for about 2% of the cost of a day in the hospital. Yet with that kind of return on investment, organizations like KCSC serving older adults, the fastest growing population in Kansas City, only receive about 2% of philanthropic funding.

We have also stepped into a vital role as a strategic advocate for older adults in policy and planning processes, serving as the connective tissue for multiple aging planning and policy processes underway locally, regionally, and at the state level.

Lastly, 2022 marked our 50th anniversary with a gala honoring our class of 2022 70 over 70 honorees. These achievements were made possible by a nimble and innovative team, setting the stage for continued growth and impact in 2023 and beyond.

### Meet Our Board of Directors



Brenda Hayes-Kumm Board President



Sidney Smith Board Vice President



Darren Taylor Treasurer



Charlie Rozanski Secretary



Tony Ali



Carrie Chadwick



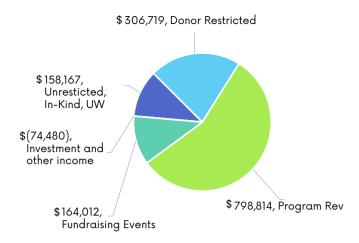
Fr. Don Farnan



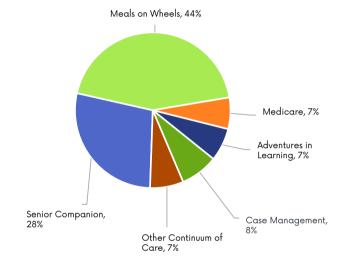
Carla Grant

## **Our Impact**

2022 REVENUE BY CATEGORY \$1,353,232



#### 2022 PROGRAM EXPENSES BY ACTIVITY



### **BOARD OF DIRECTORS**

Members of the Board support our programs and services through committee work and financial contributions.



WHITE 53% 7 MAIF BLACK OR AFRICAN AMERICAN 40% 8 FEMALE ASIAN (NOT HISPANIC OR LATINO) 7% HISPANIC OR LATINO 0%

#### 13 Full-time, 5 Part-time **STAFF**

WHITE	78%	
BLACK OR AFRICAN AMERICAN	17%	4 MALE
ASIAN (NOT HISPANIC OR LATINO)	6%	14 FEMALE
HISPANIC OR LATINO	0%	

### CLIENTS SERVED 3,400

60%	Female
40%	Male
BIPOC	65%
AGED 75 OR BETTER	50%
LIVE ALONE	60%
LOW INCOME	50%

VOLUNTEER IMPACT 570 Volunteers contributed nearly 45,000 hours, a value of \$1,347,750

#### TOTAL NUMBER OF CLIENTS SERVED



#### Meals on Wheels

Delivered 17,000 frozen meals per month to over 1,500 clients Delivered daily hot meals to 59 clients, 5 days per week



#### **Senior Companions**



#### Integrated Care Management

Provided 830 hours of case management to 99 clients



#### Medicare Counseling



#### Adventures in Learning

58 volunteers provided programming to 189 participants, 492 class hours, and 954 volunteer hours



#### Phone Pals



#### **KCSC Rakes**

318 volunteers spent 1,373 hours raking leaves in 37 older adults' vards



Carolyn Hall

Debra Johnson



Ryana Parks-Shaw



Chris Sorenson



Steve Rinne



Cindy Terryberry



Alexis Thomas Mabin

## **Testimonials**

### Judith Haines, KCSC Rakes Client





Thank you so much for all you did to help clean up my yard. The two couples stayed and finished the fence work and the others went to Home Depot and got flowers and a solar pink flamingo to brighten my yard. You all worked so hard. I was overwhelmed and everyone was so gracious. I am so grateful.

-Judith Haines

### Greg Lear, Meals on Wheels Volunteer

I have volunteered with Shepherds' Center Central for over 10 years, doing Meals on Wheels and Medicare counseling. They are extremely supportive of their volunteers, providing ongoing communication, support and recognition. The programs they operate to assist seniors are well run, compassionate, and meet an important community need. The staff and leadership are top notch with extraordinary dedication. This is a class organization.

-Greg Lear



# Medicare Counseling and Integrated Care Management Client





-Medicare Counseling and Integrated Care Management Client

